



Petersfield Holiday at Home 2017 Programme and Information

Where?

Holiday at Home will be held at Petersfield United Reformed Church in College Street, from Monday 21st to Wednesday 23rd August. The activities, meals and entertainment will take place in the Church Family Centre. Hopefully, weather permitting, we will be able to use the garden too.

What will I be doing?

The day will start at 10 am. We will serve morning tea and coffee before a very short morning service and then we will begin the day's activities. We want you to enjoy yourself, so you can do as much or as little as you like. There will be a choice of activities every day, and of course there will be people to talk to and share things with. You may want to sit quietly and read the daily papers or magazines, or perhaps have a head, hand or foot massage from our fully trained volunteer masseuse. You could join in with some arts and crafts, enjoy a gentle game of bowls or croquet in the sunshine, play a board game or work on the large jigsaw that will be out all week if that is what you enjoy. After a two course cooked lunch there will afternoon entertainment.

Monday - 'Piano for Pleasure' - music and songs

Tuesday - the Mary Rose Museum comes to us- a presentation from one of the museum team and a rare opportunity to actually handle real artefacts from the Tudor warship that sank in 1545.

Wednesday - extra -special 'Captain's table' lunch and a celebration with Petersfield Yukele Band

The day will end at 3.30 pm.

Do I need to bring anything? Once you have paid the £15 for the week, you will not need any money. Please make sure you bring any walking aids you may use, and a sun hat and sun cream (assuming that the sun will be out!) Remember to bring your medication if it is prescribed to be taken while you are with us. Please note that the Holiday at Home team cannot administer medication or assist with personal care, but there will be lots of support at hand to help you make the most of your time with us.

Who should I contact? Julie Pejnovic at Petersfield URC on 01730 266475.